





An educational adventure to remember!

Location: Dukeshouse Wood, Northumberland

Date: 00/00/0000

## What's coming up...

- Introduction to Kingswood
- Your centre
- Learning Outcomes
- Sleeping and eating
- Your programme options
- Your centre team
- Safety and wellbeing





## Introduction to Kingswood

A trip to Kingswood is a life changing adventure. For over 35 years, our transformative school trips have encouraged primary school pupils to build confidence and resilience by taking on fun challenges.

Each year over 175,000 young people visit Kingswood to experience exciting activities, from archery to zipwire, and they go home with so much more. They leave with the feeling that they can achieve their goals, and it's wonderful to see the most uncertain pupils becoming the most enthusiastic.

We provide the perfect environment to develop positive mind-sets, improve well-being and encourage self-belief, plus there is always lots of laughter.













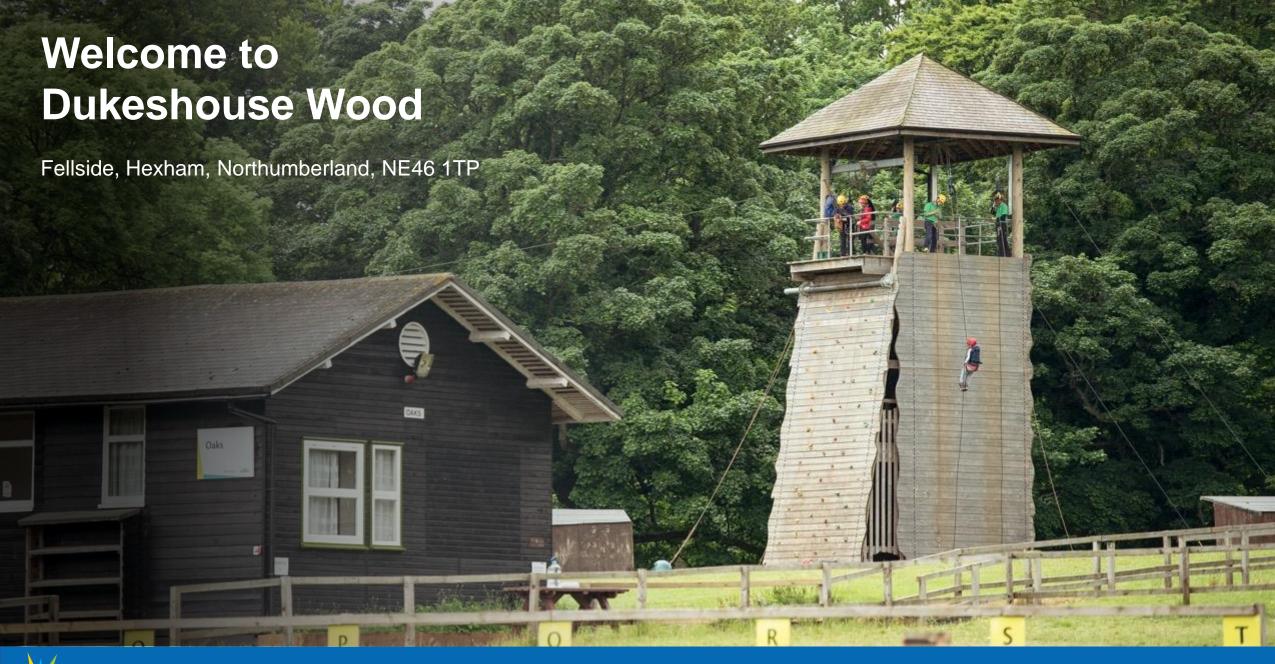












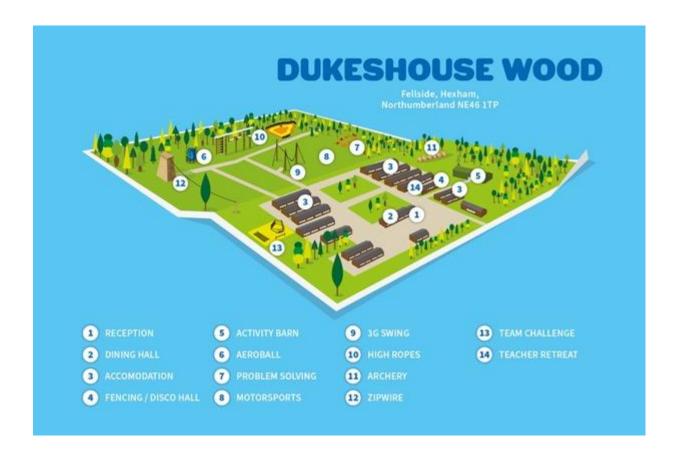


### Your centre

Dukeshouse Wood is situated on a beautiful fell side just outside the leafy suburbs of Hexham.

The 18 acre activity park in an area of unspoilt countryside houses exciting adventure activities such as zipwire, outdoor laser, Jacob's ladder, an outdoor climbing and abseiling tower.

When the weather is not so favourable, the centre also has a 8000 sq ft all weather barn, housing indoor climbing, a laser arena and computer lab facilities.





# **Highlights of Dukeshouse Wood**















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## **Learning Outcomes**

Our programmes are designed to specifically meet your needs and link back to the core curriculum as well as developing environmental awareness and improve both mental and physical wellbeing.



#### We use...

Play Discovery **Exploring Challenging** 

Adrenaline Reflection



...to deliver...

Mental & Physical Wellbeing
Curriculum Links

Environmental Awarness Improved Attainment

...and achieve described our learning outcomes.

CONFIDENCE LIFE SKILLS RESILIENCE



# A bit more about your centre...

## **Sleeping**

Dukeshouse Wood has standard dormitory style accommodation.

Rooms range from 4 to 16 bed dormitories, all en-suite with under floor heating, with genderseparated bathroom and shower facilities and party leader rooms close by.

Sheets, duvets and pillows are provided for all guests.





# A bit more about your centre...

## **Eating**

To fuel young guests during a long day of thrilling adventure activities, we serve three meals per day, with lots of choice and seasonal variations.

Each day there is a carefully balanced and nutritional meal plan, recently updated to meet and exceed the latest Government standards on young people's. We cater for most dietary requirements – just let us know.

We require a packed lunch to take with us on Monday 17th as we will be departing at 11.30am.





### Your centre team

From your first enquiry to getting back to the classroom, we are with you all the way to help you get the most out of your trip.

#### **Experience Experts**

They know everything about our programmes and centres, and are your first point of call to tailor-make your perfect school trip.

#### **Guest Services**

Our guest services team is here to support you in organising your trip and can answer any questions you have prior to arrival, and before you meet your designated Course Director.

#### **Activity Tutors**

Our friendly activity leaders are always on hand to encourage your students. They inspire your students to take on challenges, and fill each day with lots of fun and laughter.

#### **Course Directors**

Your dedicated Course Director is your go-to person on any requirements you may have. They will be there when you arrive and throughout your stay, ensuring your trip is a fantastic learning experience that achieves your objectives.





## Safety at Kingswood

#### Peace of mind

Safety comes first at Kingswood; we're founding members of the British Activity Providers Association (BAPA) and affiliated to a whole range of governing bodies.

We employ safeguarding leaders and every team member undergoes enhanced DBS checks.

There are secure boundaries around our centres and regular night patrols as standard.

We're also designated COVID-safe by Kaddi.







## Packing / Kit List

#### Things you'll need

- ☐ Toiletries etc (please note deodorants must be roll-on, no aerosols).
- Clothes, shoes and underwear. For many activity sessions closed-toed shoes, long-sleeved t-shirts and trousers are required (these are required for nearly all sessions, so bring plenty.) We recommend wearing old clothes for activity sessions.
- Waterproof clothing (jacket, trousers and wellingtons).
- Large plastic bag for dirty clothes.
- A bath towel.
- Sunglasses, sun cream and hat in summer.
- Gloves, hat and scarf in winter.
- Pyjamas and slippers.
- A named water bottle (essential in summer).
- ☐ If you have swimming or pool party on your programme please ensure your students bring a swimming kit (only applicable for Kingswood's Isle of Wight, West Runton, Grosvenor Hall centres.)

- No mobile phones there will be daily updates on Facebook so you can see exactly what we've been up to
- Snacks / sweets in moderation please
- Books, card games, drawing or colouring equipment can be brought for any quiet times
- Some pupils bring disposable cameras
- Teddy bears welcome (as long as they fit in your suitcase)
- Bedding is provided
- Old clothes are by far the best option they will get very dirty!
- Bring a bin bag for dirty clothes.
- A sturdy shoe (waterproof) and a waterproof coat are the only essentials that are worth investing in if you can pick these up cheaply.
- We do NOT require any swimming attire there are no water based activities.
- Gift shop



#### **Discover more**

Visit our website at www.kingswood.co.uk

## Follow us on our social media channels



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We assume permission <u>for Kingswood</u> to use photos on their social media. If you do not give permission, please get in touch.





## **Any questions?**



