



Robinwood Y6 Residential

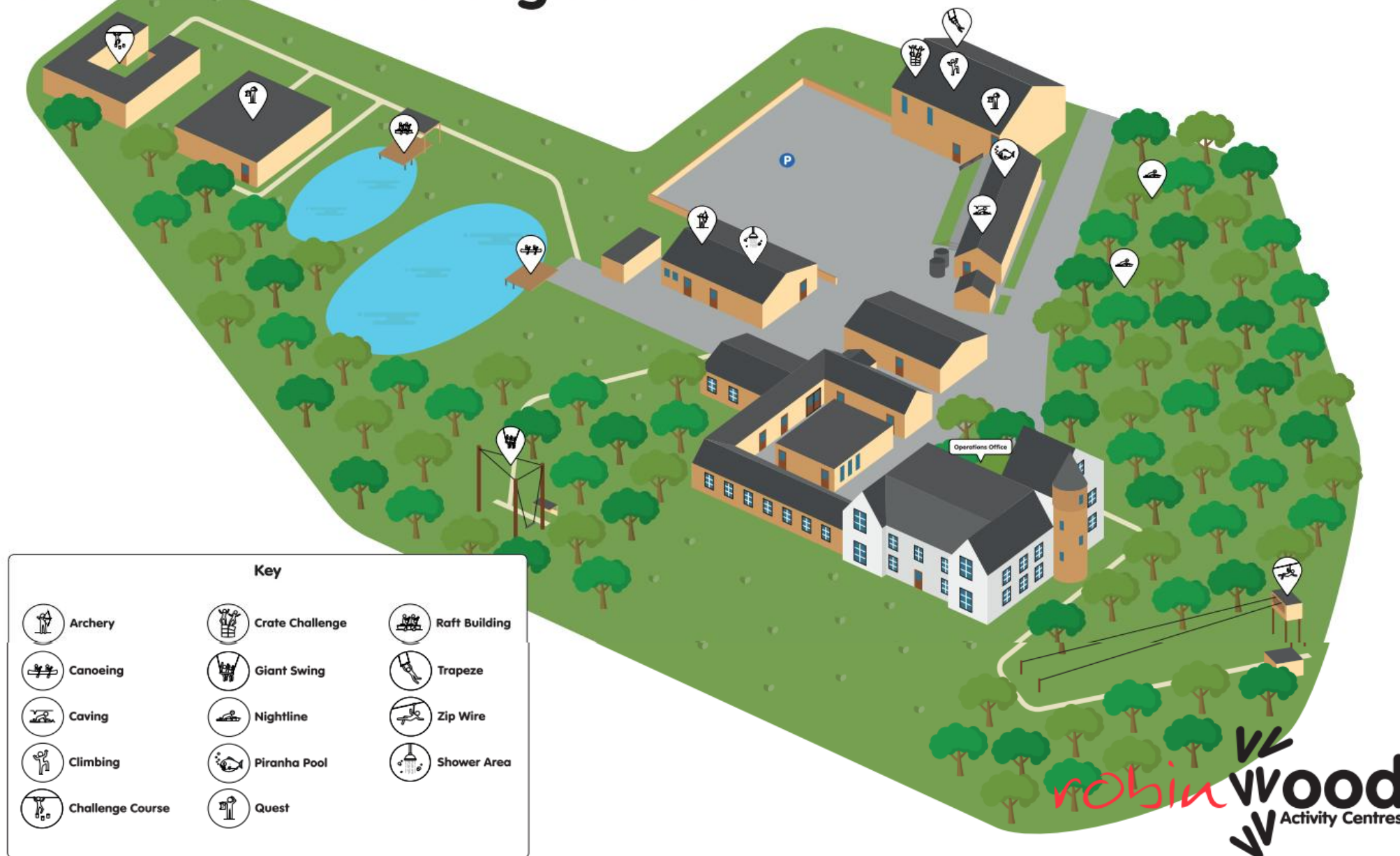
11th – 13th November

Barhaugh Hall, Alston, Cumbria



This is where we are staying on our Residential Visit

Welcome to Barhaugh Hall



Navigation interface showing a route from Ryton, UK to Barhaugh Hall, Robinwood Activity Centre.

Transportation Modes: Best, 1 hr 5, 2 hr 46, 14 hr, 4 hr 24, —

Origin: NE40 3ES, Ryton, UK

Destination: Barhaugh Hall, Robinwood Activity Centre

Buttons: Gas, EV charging, Things to do, Hotels, More

Options: Leave now

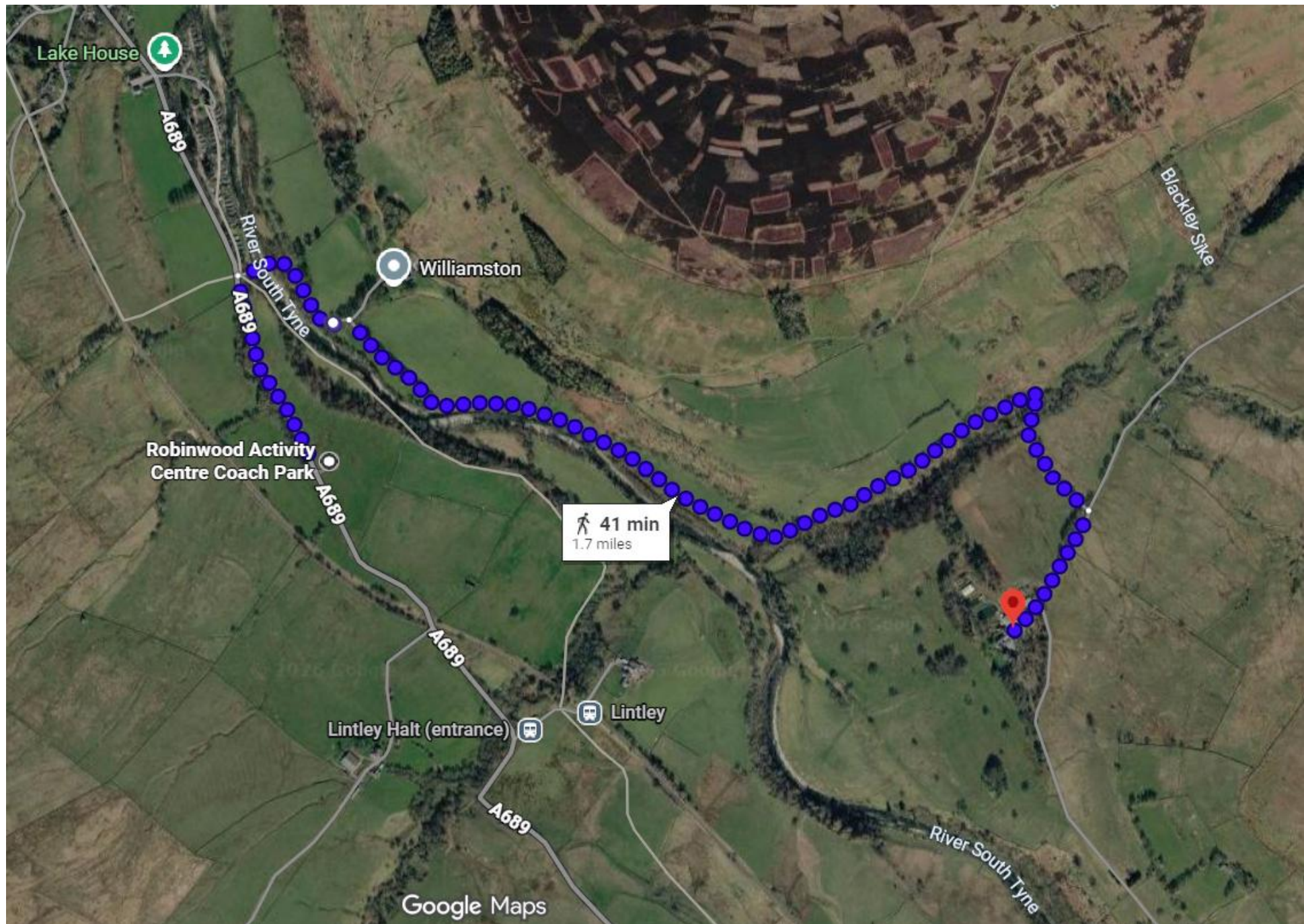
Send directions to your phone

Route Options:

- via A69**
Fastest route now due to traffic conditions
1 hr 5 min
45.3 miles
- via A69 and A686**
1 hr 12 min
45.1 miles
- via A686**
1 hr 22 min
44.3 miles

Map Details: The map shows the route from Ryton, UK to Barhaugh Hall, Robinwood Activity Centre. The route is highlighted in blue. The map includes labels for various locations such as Newcastle, Bellingham, Wark, Hexham, Corbridge, and Barhaugh Hall. A callout box indicates a route of 1 hr 22 min for 44.3 miles.

It will take just over an hour to arrive at our destination on the Northumberland / Cumbria border.



Activity Programme:

Typical 3 Day Programme

Around 24 hours of high-quality activity sessions packed into a 3 day course. We ensure your group gains the most possible from every moment spent at Robinwood.

Day One

- Arrivals are typically about 11.00am
- Lunch
- Giant Swing
- Raft Building
- Crate Challenge
- Evening Meal
- Trapeze
- Quest
- Hot Chocolate and Review

Day Two

- Breakfast
- Zip Wire
- Canoeing
- Archery
- Lunch
- Nightline
- Piranha Pool
- Caving
- Evening Meal
- Team Challenge
- Hot Chocolate and Review

Day Three

- Breakfast
- Dungeon
- Climbing
- Challenge Course
- Lunch
- Departures are typically about 2.30pm



There's so many great activities to do at Robinwood...there's no time to get homesick!

Robinwood Barhaugh Hall - Spring Group

Crookhill Community Primary School - 16 October 2024

An updated version of your timetable will be provided two weeks before your start date.

This is what a typical schedule will look like for our visit. We are split into two groups for activities.



Wed

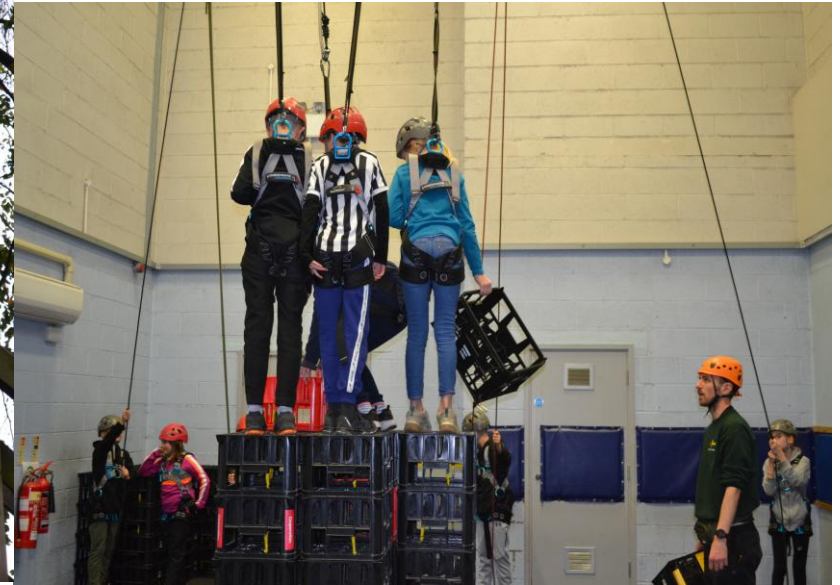
Lunch 12:50 to 13:20	Trapeze 13:20 to 14:30	Night Line 14:40 to 15:40	Zip Wire 15:50 to 16:50	Archery 17:00 to 18:10	Evening Meal 18:20 to 19:20	Team Challenge 19:30 start	Course Leader Whole School Meeting 20:40 to 21:00
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Thu

Breakfast 07:20 to 08:00	Crate Challenge 08:40 to 10:00	Climbing 10:10 to 11:30	Lunch 11:40 to 12:50	Raft Building 12:50 to 14:10	Quest 14:30 to 15:40	Challenge Course 15:50 to 17:00	Evening Meal 17:10 to 18:10	Canoeing 18:10 to 19:20	Caving 19:30 to 20:40	Course Leader Whole School Meeting 20:40 to 21:00
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Fri

Breakfast 08:00 to 08:40	Giant Swing 08:40 to 10:00	Piranha Pool 10:10 to 11:30	Lunch 11:50 to 12:20
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The activities promote lots of different skills, such as team-work, resilience, cooperation and self belief. Some are big thrill activities, like the giant swing, and others are more gentle, such as archery. Children are encouraged to push themselves to reach new limits of what they believed they could achieve! Waterproof clothing is provided by Robinwood when needed.

Bedtime Routine



- To finish off each day, hot chocolate is served with a biscuit before children return to their dorms.
- Plenty of sleep is required to recharge the batteries, so lights are usually turned out by 10:00pm.
- Children are supervised at night by Robinwood Staff. Crookhill staff are also on call if needed.
- Children will select friends that they would like to share a dorm with and everyone will have someone in their dorm that they selected.
- Children will be expected to make up their own bed – their first task!

Food glorious food!

- It's important for students to maintain high energy levels throughout their stay, so 3 freshly-prepared meals are served daily in the communal dining area.
- A varied choice is always offered, with both hot and cold meals,
- At least one vegetarian option and yes, sometimes even chips!
- Plenty of juice and water are available at all times.
- Most dietary requirements can be catered for – including very fussy eaters!



Fruit & Snacks

Break time snacks are provided and fruit is always available.

Dietary & Allergens

There is always a vegetarian option and we regularly cater for special diets such as coeliac disease (gluten free), lactose free, dairy free and halal.

A carb count breakdown is available on our schools dashboard.

Please let us know in advance of any dietary needs.



Children's Menu

Barhaugh Hall

Lunch

Cheese or Ham Sandwich
Crisps
Biscuit
Orange Slices
Carrot & Cucumber Sticks

Dinner

Baked Potato (with choice of fillings)
Pasta Bolognese
Tomato Pasta
Garlic Bread
Salad
Choc Ice



Breakfast



Sausage
Mini Potato Waffles
Beans
Toast
Choice of Cereals
Fruit



Lunch

Jumbo Hot Dog
Chicken Burger
Sandwich (cheese, ham, tuna or jam)
Yogurt/Crisps
Orange Slices
Carrot & Cucumber Sticks



Dinner

Cheese & Tomato Pizza with Chips
Curry & Rice with Popadoms
Naan
Salad
Chocolate Brownie



Breakfast



Sausage
Mini Potato Waffles
Beans
Toast
Choice of Cereals
Fruit



Lunch

Sausage Roll
Cheese & Onion Slice
Sandwich (cheese, ham, tuna or jam)
Crisps/Yogurt
Carrot & Cucumber Sticks
Orange Slices



Drinks are provided at meal times and water points can be found across the centre to refill water bottles.



The food is delicious!

Robinwood staff make sure that everyone is well fed and gets something that they will enjoy for each meal.

What to bring

Suggested Clothing List There is no need to go out and buy anything special for a trip to Robinwood, all specialist equipment is provided for our on-centre activities. The clothing list given includes clothing being worn on the journey, so for example assuming you are wearing socks and underwear on your journey to Robinwood, you only need to pack 5 pairs of each!

- 3 T-shirts (not vest type)
- 3 Sweatshirts/Jumpers/Hoodies/Fleeces (long sleeved) tops
- 3 Pairs of trousers
- 2 Pairs of shorts (Knee Length)
- 6 Sets of underwear
- 6 Pairs of socks
- 1 Pair of trainers
- 1 Pair of outdoor shoes/boots
- 2 Towels
- 1 Coat (ideally waterproof)
- 1 Warm hat/sun hat
- 1 Pair of gloves
- 1 Set of nightwear
- 1 Bag of toiletries (including suntan lotion/insect repellent in warm weather)
- 1 Black bin liner

Don't bring new clothes – old clothes are best as they may get muddy!

Safety

- Robinwood has an excellent safety record over 29 years of operation and currently more than 45,000 visiting pupils each year. All of the activities take place in safe secure environments that are appropriate to provide a safe introduction to adventure activities for groups of 7 to 11 year olds.
- The quality of the staff team and the extensive training programme they undergo is central to having and maintaining an outstanding safety record. They have a rigorous programme of activity session assessments to ensure everyone is working to the right standard.
- An attitude of safety is instilled as a state of mind; such that all staff have safety as their highest priority whatever is happening.

Risk Assessment

Detailed risk assessments of all aspects of a Robinwood course, including activity sessions and other areas, are carried out and reviewed / updated on a regular basis and ensure that children are not placed in risk situations.

Copies of Robinwood risk assessments can be provided if necessary.

As a school, we also carry out our own Risk Assessment which must be sanctioned by our Local Authority before we can proceed with the visit.

Practical information...



Bring luggage to school at 8.40 am (no early start that day).



We'll set off at about 9.45am. You can come and wave us off – but you don't have to!



If your child suffers from travel sickness, please send medication (if they would usually have this)



Any prescription medication must be handed to staff on the day. It must have the child's name and dose on it.



No phones! We'll keep you up to date on Facebook and if you need to know anything, we'll get in touch.



No sweets or snacks please!



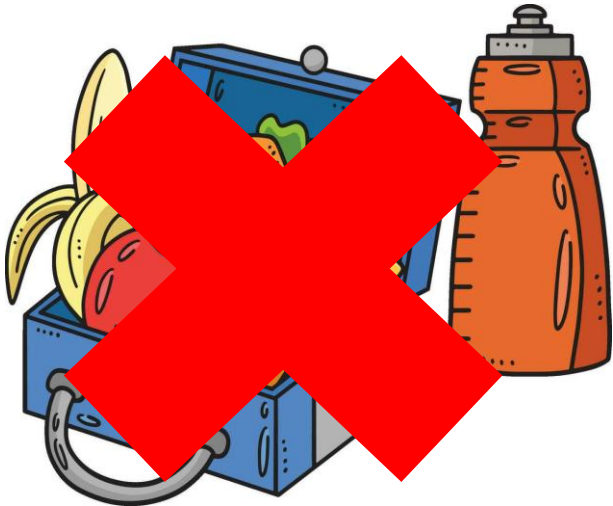
Children can bring a reusable water bottle – handy to have at night.



Although there will be waterproofs provided for activities, a coat is needed.



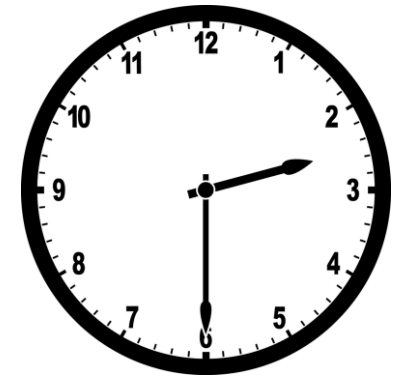
No need for special footwear but trainers that will keep the feet dry are best.



No packed lunch needed – we get a picnic lunch on arrival.



Night lights are provided if needed.



Mrs Tighe will text our estimated return time (expected to be 2.30pm). Please try to be there to meet us – they will have missed you and you will have missed them!

If your child is feeling nervous or anxious about going away.

You'll have a great time – it's going to be a lot of fun!

Staff will keep you safe.

If you're worried tell an adult.

I'm proud of you for doing this!

I can't wait to see the pictures and hear about it!

Name of Pupil:

Consent – please sign to say that you consent to the fol
I consent to my child taking part in the above tri
of two nights ☒

I consent to my child travelling to the venue by c

I have been made aware of the activities to be u
that my child is in good health and I consider hir

In the event of accident, misadventure or illness whilst away fro
consent to any medical treatment which may be considered ne
by a qualified medical practitioner (I understand that every effc
made to contact me before any such treatment was authorised

I consent to my child being given paracetamol (calpol) if this is c
necessary by the staff accompanying the visit ☒

Signed: _____ Date: _____

Print Name: _____

This is the medical / dietary information that we currently hold for your child:

none

Please give det

Medication:

If your child takes regular prescribed medication, this must be brought to school on the morning of the residential visit and handed to one of the members of staff accompanying the visit. Please ensure that this is labelled with the required dose. Give details of any regular medication below:

Other information:

Please give details of any other relevant information that may be useful for staff accompanying the visit to know (for example any phobias such as fear of the dark or let us know if your child suffers from enuresis (bed-wetting)).

Any questions – please do not
hesitate to get in touch!